



THE FILO PROJECT



collaborative care

The Filo Project offers high quality day care for small groups of older people.

We support individuals across Devon and Somerset who are socially isolated, many experiencing symptoms associated with moderate dementia. Each day is provided by a host, and takes place in the intimate setting of a host's own home. This warm and welcoming environment is key and no client is overwhelmed by a large group.



What a difference a day makes...

"The Filo Project is really blazing a trail in elderly social care. They demonstrate that through developing close, caring and creative relationships, it is possible to bring the lost and lonely back to life. It is this kind of demonstration that helps build the more caring society so many of us crave."

Kath - Daughter of client

Apart from having a home-cooked lunch, what occurs in each group varies, and very much depends on who is in a group, and what their capacities, preferences and personalities are. It is a bespoke service. However, the focus of any day is to provide the opportunity for meaningful socialising.

It is a day out with friends.

At a stage of life where many older people often find themselves excluded.

The Filo Project provides a time and space to feel at ease and be valued.

A bi-product of our service is that carers can enjoy regular and extended respite. Transport is also provided.

Putting 'social' at the heart of social care



0333 939 8225



www.thefiloproject.co.uk





"I was surprised to see the difference it made to my husband. He came home noticeably more alert and cheerful. I feel it brought him closer to his old way of life and he felt less isolated. Also doing something independently from me was important as well. Of course it was lovely for me to have some much needed time off too."

"Although mum is a hugely sociable, people-loving person, she can really struggle in group situations. The Filo's nurturing approach with an intimate circle of regular companions is perfect for her; she's really come out of her shell and you can see her old fun-loving self coming back."

Prior to attending The Filo Project my mum's memory loss caused some really upsetting changes. The intensely fashion-conscious and creatively curious person I adored became dishevelled, disinterested and lost. Once we'd natter for hours; now she could barely hold a few minutes of conversation without lots of repetition, or remember old friends, or what day it was."

Now, mum always sounds lively and engaged on the phone: I can even chat happily for 10 minutes, with only a few repetitions. And, what's more, she's becoming conscious of her appearance again, which was always so important to her."



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SOMERSET
County Council

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