

## Supporting healthy and safe ways to get to school

### A School Travel Plan is:

- A programme and partnership which aims to :
  - reduce car travel
  - improve safety and the environment for walkers and cyclists
  - help improve pupils' health & fitness
  - help improve facilities for walkers and cyclists
  - help improve bus and train services
- An outline of the school's needs and problems regarding travel to and from school
- A document written by the school

**Below are some ways in which you can get involved to support a travel plan in your school.**



## How parents can get involved

### Walking

- Try walking your child to school once a week, or more if you can
- Reward your child for walking to school – you could use Devon County Council's Walking the Wizard Way scheme
- Join your school's walking bus – or set one up
- When walking with your child, explain your thoughts and actions to teach them vital road safety skills
- Make sure you and your child wear high visibility clothing when out in the darker winter months



- Offer to walk somebody else's child to school
- Walk your child to the bus stop and leave the car at home
- Hold a Walk to School Week
- Have a coffee morning to get together with other parents who want to walk to school

### Take an interest!

- Support your school's travel plan by joining or forming a travel action group to champion school travel issues
- Set up a travel notice board in your school foyer about healthy ways to get to school
- Ask about your school's policy on travel and road safety
- Support new parents to find healthy, safe ways to get to school, perhaps using an induction newsletter



- Inform the Parish Council of your school's travel issues and get their support
- Have a road safety and school travel stand at parents evening
- Put up posters to encourage walking and cycling to school
- Hold a green traveller's day - reward everyone who walks, cycles and uses public transport (maybe with a free breakfast!)

### Cycling

- Ask if your school provides cycle training
- Sign your child up for a cycle training course
- Volunteer to become a cycle trainer yourself
- Encourage your child to cycle to school if it's safe – make sure they wear a helmet
- Set up a cycle train for your school
- Set up a cycle club (or a scooter/rollerblading/skateboard club!)
- Allow your child to rollerblade, scooter and skateboard to school – they're all healthy too!



### By car

- If you live too far away to walk or cycle, look into public transport options
- Check out school-run.org to look into sharing the school journey
- Park considerately at your school – zigzags are there to protect children on foot
- Drop your child away from the school gate and walk the last bit together, to cut congestion at the school gate



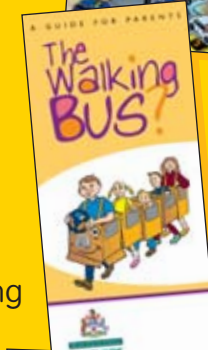
## Help and free resources

Find out more information about School Travel Plans from our website  
[www.devon.gov.uk/school\\_travel\\_plans](http://www.devon.gov.uk/school_travel_plans)

For more information or to request any of the resources listed below, contact the Road Safety Help Desk,

**01392 446124**  
[rshelp@devon.gov.uk](mailto:rshelp@devon.gov.uk)

- [www.school-run.org](http://www.school-run.org) - We can provide free leaflets and display materials to help you promote the scheme
- Walking Bus leaflet
- Road safety materials – children's activity books and guides for parents on road safety skills for your child
- Information on cycle training
- High visibility clothing and vizi-straps
- Walking the Wizard Way reward scheme packs
- Handouts on appropriate parking outside school
- Global Walking A1 wallchart, to encourage walking all year round
- Walking and cycling posters – contact the TravelWise Officer on



**01392 382092**  
[trawise@devon.gov.uk](mailto:trawise@devon.gov.uk)

- Public transport information from

