

***Information for
visually impaired people***

Ref.93

***Seeing Sense Guide
5 – Leisure***



- **Holidays and hotels**
- **Audio described television,
video, cinema and theatre**
- **Amateur radio**
- **Living paintings**
- **Sport**
- **Gardening**

**For large print and talking books,
see ‘Communication’**

www.devon.gov.uk/socialcare

May 2011

Devon In Sight

Station House

Holman Way

Topsham

Exeter

EX3 0EN

Tel. 01392 876 666

Email:

devon-blind@btconnect.com

www.devonblind.org

Free membership of Devon In Sight includes a quarterly newsletter. Contact them for details of local social clubs. Devon In Sight sells large print and tactile games and puzzles.

RNIB Holiday Hotels / Vision Hotels

Tel. 0303 123 9999

Cliffden Hotel

Dawlish Road

Teignmouth

Devon

TQ14 8TE

Tel. 01626 770594

Email: cliffden@visionhotels.co.uk

www.actionforblindp.org/hotels

AFBP have 4 hotels in the UK.

Belmont Hotel

21 North Parade

Llandudno

North Wales

LL30 2LP

Tel. 01492 877 770.

www.belmonthotel@tiscali.co.uk

Bradbury Hotel

Station Road

East Preston

West Sussex

BN16 3AL

Tel. 01903 770339

Email: bradbury@royalblindsociety.org

www.royalblindsociety.org.uk

For groups of nine or more people there is a free minibus collection service within a 120 mile radius.

Jubilee Sailing Trust

12 Hazel Road

Woolston

Southampton

Hampshire

SO19 7GA

Tel. 023 8044 9108

Email: info@jst.org.uk

www.jst.org.uk

Two specially designed tall ships that are able to take a voyage crew of 40, who sail alongside the professional crew of 10.

The voyage crew is divided into 20 able-bodied voyagers and 20 disabled voyagers, including up to eight wheelchair users.

Rough Guide – Accessible Britain

Tel. 0800 953 7070

A free guide for Blue Badge holders.

Tourism for All UK

c/o Vitalise

**Shap Rd Industrial Estate Kendal,
Cumbria
LA9 6NZ**

Tel. 0845 124 9971 (information)

0845 124 9973 (reservations)

Email: info@tourismforall.org.uk

www.tourismforall.org.uk

Tourism for All UK is a central source of holiday and travel information for disabled people and their carers.

They can help with information on accessible accommodation, visitor attractions, transport, activity holidays for people with disabilities, holidays for children with disabilities, respite care establishments, sources of holiday funding and accessible overseas destinations.

Vitalise Holidays

Shap Road Industrial Estate

Kendal

Cumbria

LA9 6NZ

Tel. 0845 3300 149

Email: viholidays@vitalise.org.uk

www.vitalise.org.uk

They specialise in providing holidays for adults with a visual impairment. Holidays are available in the UK and worldwide and cover all interests from relaxing breaks to activity holidays. Sighted assistance is provided.

Large print and audio publications:

See communications booklet

Audio Description

(information from the RNIB and Virgin Media)

Audio description (AD) is a service that can help people with sight problems to fully enjoy leisure activities. It is additional verbal narrative that describes all significant visual information –

such as body language, facial expression, scenery, action, costumes – anything that is important to conveying the plot of the story, event or image. Audio description is available on certain TV programmes, video, DVD, cinema, theatres and sports venues. Contact individual venues for details.

Audio Described Television Digital Satellite TV (Sky)

To activate this service you will need to go into “services”, select “System Set-up” and then “Language and Subtitles”.

Scroll to “Audio Description” and use the left and right arrow keys to turn description on.

Scroll down to “Save new settings” and press “Select”.

You can also set up your TV so that you hear a short beep whenever you tune to a programme with audio description.

To do this, follow the steps above until you are in the “Languages and Subtitles” menu, then scroll down to “Beep if Narrative present”.

Now use the left or right arrow keys to switch this feature on or off.

Scroll down to “Save New Settings” and press “Select”.

You can also set your system so that it highlights all programmes that are audio described in white on your onscreen TV Guide.

To turn this feature on, follow the steps above until you are in “Languages and Subtitles” menu, then scroll down to “Highlighted Programmes”.

Use the right arrow key to select Audio Description, then scroll down to “Save New Settings” and press “Select”.

If you live outside the London area and want to receive audio description you will need to watch:

BBC1 on channel 974

ITV1 on channel 993

ITV2 on channel 118

Channel 4 on channel 994

Five on channel 105.

Channel 744 for Sky Box Office Movies with audio description.

Sky also offers a non-subscription service called Freesat.

For a one-off fee you get a Sky set-top box, a dish, installation and around 240 TV and 80 radio channels.

For more information about Freesat call 08442 411602

or visit: www.freesatfromsky.com

To find out more about what Sky offers customers with sight problems – including statements in alternative formats

Tel. 08442 411602

Virgin Media

Tel. 0845 454 1111

www.virginmedia.com

They provide an audio description (AD) service on many channels in the current line-up. For most channels the service is broadcast with content in the normal electronic program guide (EPG) position. However, for BBC1, BBC2 ITV1, Channel 4 and Five the regional variations mean they can only offer AD on a National oriented channel, which can be found at channels 851-855.

To enable AD so that it automatically engages when available press HOME or GUIDE on your remote and select 'Settings'. From here choose 'Change Display and Audio Settings'. In this section, you can enable AD when available. Once set you should follow the onscreen instructions to save the new setting and return to the TV.

Digital Terrestrial Television (Freeview)

Tel. 08701 111 270

www.freeview.co.uk

Digital Terrestrial Television is received through an aerial and is available in eighty per cent of the UK.

Ten hours of programmes per week on each of the main TV channels are now being audio described.

As well as TV, you can listen to over twenty radio stations via your Freeview set-top box.

To receive the digital service, you need either an adapter for your TV (a set-top box), an integrated digital television or an adapter for your computer.

The first option is a computer adapter, for viewing television via your computer. Nebula Electronics has a computer adapter (both PCI and USB 2.0 versions are available) called DigiTV which can be ordered directly from Nebula. Both products come with a remote control.

Please note, as with other Freeview receivers you should ensure that you can get Freeview coverage in your area before buying.

For more information contact:

Nebula Electronics

Tel. 01689 89 70 90

www.nebula-electronics.com

Portset Digital Media Centre

Tel. 01489 893919

Email: office1@portset.co.uk

www.portset.co.uk

This offers sound-only Freeview TV and radio. The Portset Digital Media Centre is designed to make freeview services of television, radio and tele text accessible to visually impaired people.

Programme information and user key action is provided with high quality speech messages to the user.

Top-Up TV

Tel. 0844 159 159

www.topuptv.com

A subscription service that gives you access to extra channels via a special electronic card that connects to your set-top box. Five of these channels are available during the day and the other five during the evening.

There is a one-off charge for the card and connection and thereafter a regular monthly sum. Be aware that if you decide you don't want the service for a couple of months, then go back to it, you will need to pay a re-connection fee.

For further information contact:

RNIB

105 Judd Street

London

W1CH 9NE

Tel. 0303 123 9999

Email: broadcasting@rnib.org.uk

Audio Description – Cinema and Theatre

These provide an audio description service:

**Exeter Picture House
Tel. 0871 902 5730**

**Vue Cinemas in Exeter and
Plymouth
Tel. 08712 240 240**

**Northcott Theatre, Exeter
Tel. 01392 493 493**

**Manor Pavilion, Sidmouth
Tel. 01395 514 413**

**Theatre Royal, Plymouth
Tel. 01752 267 222**

**Flavel Arts Centre, Dartmouth
Tel. 01803 839530**

The Living Paintings Trust

Tel. 01635 299 771

Fax. 01635 299 088

www.livingpaintings.org

The Living Paintings Trust is a registered charity that offers a free service for visually impaired people of all ages. They produce specialist touch and sound albums and books that explain a wide variety of interesting, fun and educational pictures for those who cannot see. These packs are distributed from the library via the post and there is no postage charge.

British Blind Sport

Pure Offices, Plato Close

Tachbrook Park

Leamington Spa

Warwickshire

CV34 6WE

Tel. 08700 789000

Fax. 01926 424247 / 427775

Email: info@britishblindsport.org.uk

www.britishblindsport.org.uk

British Blind Sport is the co-ordinating body of sport for people who are blind or partially sighted.

Contact the BBS for details of sport and leisure activities, or the RNIB Helpline:

Tel: 0303 123 9999

Email:

helpline@rnib.org.uk

Thrive

The Geoffrey Udall Centre

Beech Hill, Reading

Berkshire RG7 2AT

Tel. 0118 988 5688

Fax: 0118 988 5677

Blind gardeners helpline:

0118 988 6668

www.thrive.org.uk

Thrive's activities are varied but all focus on championing the benefits of gardening to individuals and organisations, as well as teaching techniques and practical applications so that anyone with a disability can take part and enjoy this activity

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1 – Communication***



**Further copies from the
Sensory Team via Care Direct
at the My Devon
Customer Service Centre:**

Tel: 0845 1551 007

SMS text: 0777 3333 231

Text Phone: 0845 155 1020

Fax: 0845 155 1003

Email: sensory@devon.gov.uk

**This information is available in other formats such
as audio, and in languages other than English.**

**Comments or updates to this pack: Please contact
the Sensory Team via Care Direct, as above.**

www.devon.gov.uk/socialcare

May 2011