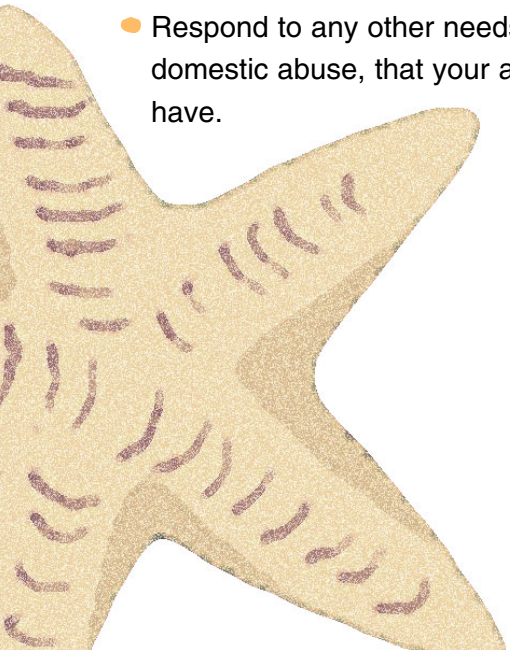


What we can do for you as an agency

- Provide a consultation service to enable you to understand the survivor's perspective
- Contribute to training events and the production of training materials
- Give presentations in order to increase your staff's awareness and understanding of incidents and the impact of domestic abuse
- Participate in question and answer sessions to increase the understanding of the survivor experience
- Respond to any other needs, relating to domestic abuse, that your agency may have.



What we can do for you as a survivor

If you are a survivor of domestic abuse and would like to join *SEEDS Devon* please use the contact details below. Alternatively if you feel that this group is not for you, but you would like to share your experiences to enable us to represent your point of view, please contact us:

SEEDS Devon Co-ordinator: **07866 355409**

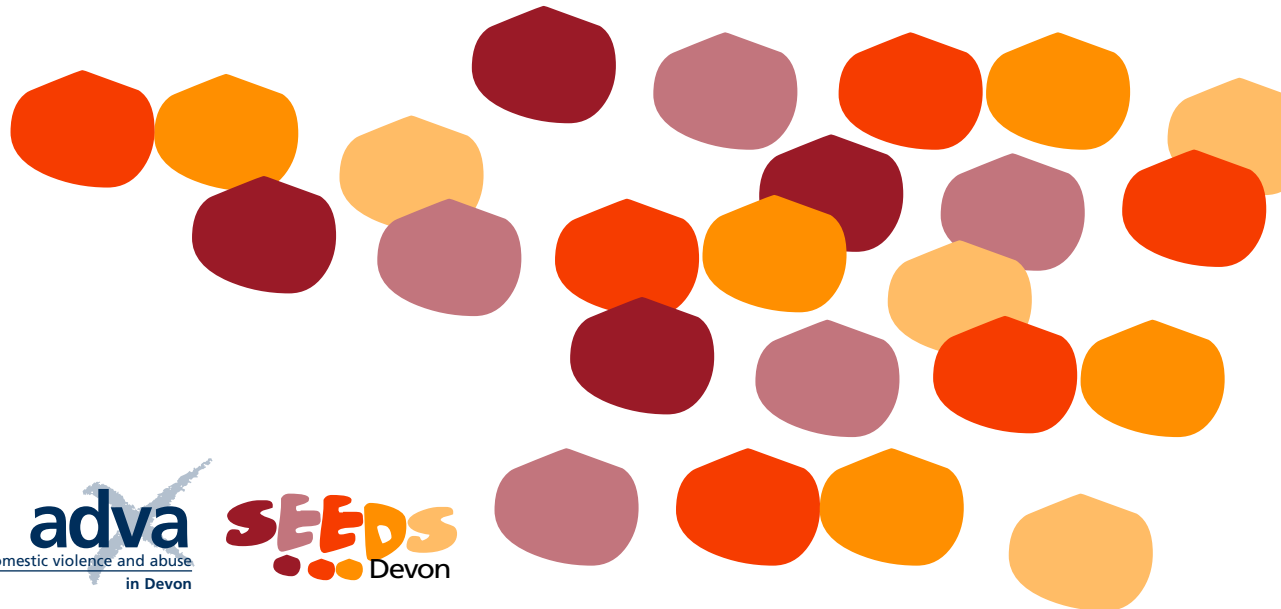
Email: **SEEDSDevon@aol.com**

or *adva office:* **01392 382233**



Survivors
Empowering
Educating
Domestic abuse
Services

Helping to improve services
for abused women and
children in Devon

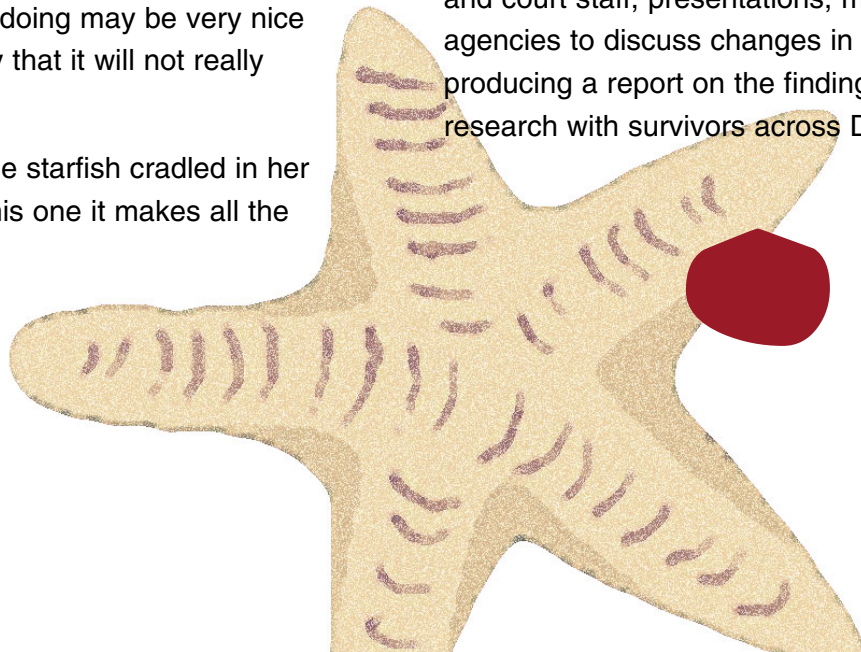


The Starfish Story

A man goes for a walk on the beach in the early morning. He sees a girl walking along the sea front picking up the starfish that have been left stranded by the outgoing tide on the sand. She is throwing them back into the sea. After a while he goes up to her and asks her what she is doing.

She says: "I am throwing the starfish into the sea otherwise they will die." "But," he says, "if you lived here you would know that starfish get stranded on this beach day after day. The beach is so long, the sun is rising and there are so many starfish – what is the point? What you are doing may be very nice but I am afraid to say that it will not really make a difference!"

She looks down at the starfish cradled in her hand and says: "to this one it makes all the difference."



Who are SEEDS Devon?

SEEDS Devon is a group of female survivors of domestic abuse from all areas of Devon. We are committed to influence and improve agency responses and service delivery for other women and children.

Following **adva's** conference *'Raising the Survivor's Voice'* in November 2005, we started to meet regularly. We have received formal training including domestic violence awareness and presentation skills.

Work we have delivered includes making a training DVD with the police, question and answer sessions, training with Magistrates and court staff, presentations, meeting with agencies to discuss changes in practice and producing a report on the findings of our research with survivors across Devon.

Our Aims

To be a voice for survivors, increasing understanding about the experience of domestic abuse amongst those working in the statutory sector.

- To work with survivors, in all 8 districts of Devon, to obtain their views about the effectiveness and value of local services for women experiencing domestic abuse
- To raise awareness and understanding of the needs of children who have lived/are living in abusive relationships
- To raise awareness of other relevant issues, e.g. moving on
- To empower women to move forward in their lives by making positive use of their experiences

