

REFLECTIVE LEARNING LOG

Please complete this REFLECTIVE LEARNING LOG following attendance at any training event and discuss this with your fostering supervising social worker. It is helpful for them to have a copy of this on your foster carer file and for you to keep in your personal training portfolio.

Consider the following questions in whatever order suits you.

Evaluation of the Training

- ❖ Date of event

- ❖ What was the event?

- ❖ What was I expecting to learn (if appropriate)?

- ❖ What have I learned?

- ❖ What was significant about this learning for me?

- ❖ How does this learning link to competencies for fostering?

- ❖ How will this learning change my practice?

Putting it into Practice

- ❖ How you are going to put your new knowledge into practice?
- ❖ What support or permissions may you need to implement your plan?
- ❖ Who will agree as to how you put this new knowledge gained from attending this training into practice?
- ❖ In general how did putting the above into practice go?
- ❖ What went well whilst doing it?
- ❖ What didn't go so well?
- ❖ How did the other people involved feel about how you put it into practice? e.g. children, parents, colleagues?
- ❖ What evidence do you have that putting the new knowledge gained into practice worked? How are you going to demonstrate this?
- ❖ Did you use any other research in addition to this training?

Signed.....Foster Carer

Signed.....Fostering Supervising Social
Worker