

## P.E. - SEAL Curriculum links - Foundation Stage

### New Beginnings

#### Physical development:

Children are introduced to many new skills at this age, such as learning to ride a

bike, do a handstand, get to the top of the climbing frame or cross the ladder bridge, skip or swim.

Encourage them to articulate the emotions that go with this new learning (fear, anxiety about failure, excitement, pride).

### Getting on and falling out

#### Physical development:

Cover faces of jumbo dice with faces expressing different feelings.

Throw a die and imitate the face on which it landed, as well as moving your body as if you feel this way.

Use parachute games to promote cooperation. Take photographs of the activities to display and refer to.

### Say No to bullying

#### Physical development:

This is a good activity for creating a sense of belonging to the group.

#### *Magic drawing*

You need a large piece of paper and lots of different colours and types of pens. The paper needs to be large enough to get your whole group round.

If necessary, you could split your group into two, with the sub-groups taking turns, as long as you use the same piece of paper for both groups.

Every child should have a different colour or type of pen.

Explain that you are going to make a very special magic drawing, by getting everyone to help you.

Ask the children to take their pen for a walk and see how many people they will touch on the way.

Display the drawing in the class and praise the children for working really well together and making this magic picture possible.

## Going for goals

### **Physical development:**

Encourage children to explore the wood or forest environment physically: balancing, climbing, using each other to support.

Encourage them to complete physical challenges.

## Good to be me

### **Physical development:**

The children are challenged to develop a particular physical skill, e.g. balancing, hopping, tumbling (using puppets)

## Relationships

### **Physical development:**

Children learn to follow the rules of games, and to share equipment and large apparatus. They are encouraged to consider movement around their classroom and the ways the inside and outside environments require different kinds of movements and body awareness.

## Changes

### **Physical development:**

Children are given stimulus for creating a dance or mime about the changes recorded in their calendar.