

Key Stage 2 NC programmes of study coverage by SEAL	New beginnings	Getting on and falling	Say no to bullying	Going for goals	Good to be me	Relationships	Changes
1a) talk and write about their opinions, and explain their views, on issues that affect themselves and society	X	X	X			X	X
b) recognise their worth as individuals by identifying positive things about themselves and their achievements, seeing their mistakes, making amends and setting personal goals	X	X	X	X		X	X
c) face new challenges positively by collecting information, looking for help, making responsible choices, and taking action	X	X	X	X		X	X
d) recognise, as they approach puberty, how people's emotions change at that time and how to deal with their feelings towards themselves, their family and others in a positive way					X		X
e) about the range of jobs carried out by people they know, and to understand how they can develop skills to make their own contribution in the future							
f) to look after their money and realise that future wants and needs may be met through saving.							
2a) to research, discuss and debate topical issues, problems and events		X	X				
b) why and how rules and laws are made and enforced, why different rules are needed in different situations and how to take part in making and changing rules	X		X				
c) to realise the consequences of anti-social and aggressive behaviours, such as bullying and racism, on individuals and communities	X	X	X		X	X	
d) that there are different kinds of responsibilities, rights and duties at home, at school and in the community, and that these can sometimes conflict with each other	X						
e) to reflect on spiritual, moral, social, and cultural issues, using imagination to understand other people's experiences		X	X		X	X	X
f) to resolve differences by looking at alternatives, making decisions and explaining choices	X	X	X	X		X	
g) what democracy is, and about the basic institutions that support it locally and nationally							
h) recognise the role of voluntary, community and pressure groups							
i) to appreciate the range of national, regional, religious and ethnic identities in the United Kingdom							X
j) that resources can be allocated in different ways and that these economic choices affect individuals, communities and the sustainability of the environment							
k) to explore how the media present information							
3a) what makes a healthy lifestyle, including the benefits of exercise and healthy eating, what affects mental health, and how to make informed choices							
b) that bacteria and viruses can affect health and that following simple, safe routines can reduce their spread							
c) about how the body changes as they approach puberty							
d) which commonly available substances and drugs are legal and illegal, their effects and risks							
e) to recognise the different risks in different situations and then decide how to behave responsibly, including sensible road use, and judging what kind of physical contact is acceptable or unacceptable			X	X	X		
f) that pressure to behave in an unacceptable or risky way can come from a variety of sources, including people they know, and how to ask for help and use basic techniques for resisting pressure to do wrong			X		X		
g) school rules about health and safety, basic emergency aid procedures and where to get help							
4 a) that their actions affect themselves and others, to care about other people's feelings and to try to see things from their points of view	X	X	X	X	X	X	X
b) to think about the lives of people living in other places and times, and people with different values and customs							X
c) to be aware of different types of relationship, including marriage and those between friends and families, and to develop the skills to be effective in relationships		X			X		
d) to realise the nature and consequences of racism, teasing, bullying and aggressive behaviours, and how to respond to them and ask for help		X	X		X	X	
e) to recognise and challenge stereotypes		X	X				
f) that differences and similarities between people arise from a number of factors, including cultural, ethnic, racial and religious diversity, gender and disability	X	X	X			X	X
g) where individuals, families and groups can get help and support			X			X	

5a) take responsibility [for example, for planning and looking after the school environment; for the needs of others, such as by acting as a peer supporter, as a befriender, or as a playground mediator for younger pupils; for looking after animals properly; for identifying safe, healthy and sustainable means of travel when planning their journey to school]	X	X	X	X		X	X
b) feel positive about themselves [for example, by producing personal diaries, profiles and portfolios of achievements; by having opportunities to show what they can do and how much responsibility they can take]	X	X	X	X	X	X	X
c) . participate [for example, in the school's decision-making process, relating it to democratic structures and processes such as councils, parliaments, government and voting]	X	X	X	X	X	X	X
d) make real choices and decisions [for example, about issues affecting their health and well-being such as smoking; on the use of scarce resources; how to spend money, including pocket money and contributions to charities]		X	X	X	X	X	X
e) meet and talk with people [for example, people who contribute to society through environmental pressure groups or international aid organisations; people who work in the school and the neighbourhood, such as religious leaders, community police officers]							