

DIRECTIONS WHEN ATTENDING DEVON HEALTH & SAFETY TRAINING AT FORDE HOUSE, PARK 5, HARRIER WAY, EXETER. EX2 7HU

Forde House Training room is located on the third floor of Forde House (Lift available). Parking immediately outside the building via Harrier Way is limited and therefore course attendees should park in the nearby park and ride car park on Sidmouth road. Please note, there is a special section of the car park on the right hand side which is set aside as a pay & display car park

By Car from M5/J30

- Leave the M5 at Junction 30 – sign posted Exeter & A379
- At the roundabout take the Sidmouth Road exit following signs for Exeter Services
- At the next roundabout take the first exit onto Sidmouth road
- After approx 200 metres, move into the right filter lane and turn right into the park and ride car park, turn right into the car park to the pay and display part of the car park
- Walk through the pathway from the car park along to Forde House



- Park & Ride, Sidmouth Road, Exeter
- Go **right** into pay & display car park (£2 per day)
- Walk through pathway from the car park along to Forde House

Forde House, Unit 6, Park 5, Harrier Way, Sowton, Exeter, EX2 7HU. Training room is on the third floor (lift available)

By Train

There is a regular and convenient train service from Exeter St David's and Exeter Central to Digby & Sowton which is a 5 -10 minute walk. [The Trainline](#) - Follow signs to Sowton Industrial Estate, walk to far side of park and ride to the small pay and display car park, take footpath by pay and display through to main entrance.

Link to Map to [Forde House](#)

Any problems – please contact the Health & Safety Helpdesk on 01392 382027