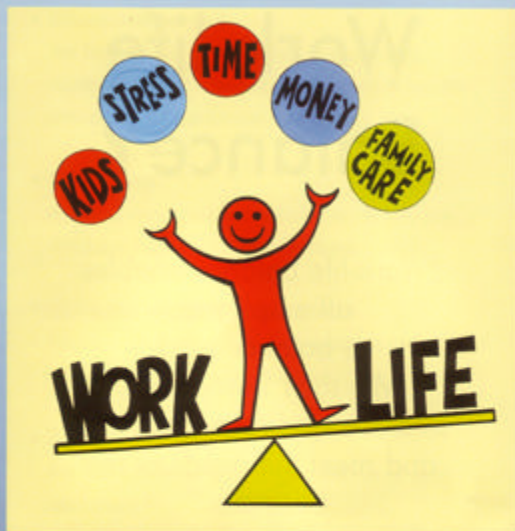


# Get a life!



Do **you** want to improve the balance between your work and home life?



# What is Work-life Balance?

“Work-life Balance enables *all* employees to balance work with their home lives, interests and responsibilities and meet the needs of the business.”

*Working Families*



## Business benefits to employers

- Improve the retention of skilled staff
- Reduce sick leave and absenteeism
- Improve recruitment for your business
- Increase productivity and motivation amongst your staff members
- Improve the service to your customers
- Strengthen the bottom line

## Be an employer of choice!

Information line 0800 056 36 66



## I'm an employee –

### What's in it for me?

- Flexible working
- Carer leave arrangements
- Childcare support & information
- Meeting personal needs

## Free help and advice is available to you!

- **Information service**

We hold lists of childminders, pre-schools, nurseries, out of school clubs, parents & toddler groups etc across Devon and Torbay

- **Staff survey**

A staff survey can be organised to identify any childcare issues amongst members of staff

- **Childcare information sessions**

We run childcare information sessions at your workplace to help with childcare matters

- **Setting up childcare**

We can advise on setting up childcare at your workplace

- **Work-life Balance Policy**

We can help you implement a Work-life Balance Policy for your company

Information line 0800 056 36 66



## Work-Life Balance Forum members in Devon include:

- **Acas – Advisory Conciliation and Arbitration Service**



*Advice and information on employment legislation, good practice and procedures in employment regulation*

- **CAB - Citizens Advice Bureau**



*Free, confidential, impartial and independent advice on a wide range of issues*

- **Care Direct**



*Help and information for older people*

- **DISC – Devon Information on Services for Children**



*Information on children's services*

- **Inland Revenue**



*Information on entitlements such as the Working Tax Credit, Child Tax Credit or Child Benefit*

- **Jobcentre Plus**



*Information on a fully integrated work and benefit service*

Information line 0800 056 36 66