

The latest version of this fact sheet can be found on www.devon.gov.uk/factsheets or from Care Direct

Care Direct
0845 1551 007
adult social care information & advice

Devon Partnership
NHS Trust



Devon
County Council

factsheet

www.devon.gov.uk/socialcare

Comments on this factsheet - ring Care Direct

Factsheet 59 – 24 November 2010
(5 pages)



Social Care Reablement

What is Social Care Reablement?



Social Care Reablement is support we give you for a short time to help you become independent and stay in your own home.



We work with you to help you learn the skills you need to do everyday things such as:



personal care



or making a meal.

How do I get social care reablement?



If it is the first time you have needed help from us, you will need to ring Care Direct on 0845 1551 007.



Someone will talk to you about the help you need and how we can help you.

What happens then?



A social care reablement team leader will visit you at home to talk about what you need help with and how we can make it easier for you to do the things you want to do.



We will write this down on your reablement goal plan and give you a copy of your plan.

How does social care reablement work?



At first, you may need several visits a day.



As you get better the number of visits you have will get less.



The reablement team will check on your progress every week.

Will I need any special equipment?



We may suggest you try to do things in a different way to make it easier for you.



This may mean you need small pieces of equipment to help you or an alarm system to keep you safe.

Your reablement worker will help you with this.

How long will the reablement last?



You could have this service for several days or a few weeks depending on how well you do.



You shouldn't need the service for more than 6 weeks.

What happens when the reablement finishes?



If you do need more help the reablement service will contact Care Direct Plus who will arrange an assessment of your needs and talk to you about how care services can be arranged for you.

Will social care reablement cost me anything?



You will not be charged for the reablement service or equipment offered as part of the service.

Further factsheets can be found online at www.devon.gov.uk/factsheets

Also see the Learning Disability Devon website:

www.learningdisabilitydevon.org.uk/

If you would like this factsheet in a different format such as Braille or audio, or in a different language, please contact our Customer Service Centre on 0845 155 1015 or email customer@devon.gov.uk.

Factsheet 59 – 24 November 2010 (5 pages)