

Factsheet 27 – 10 October 2011 (5 pages)



Support planning when you have been told your estimated budget (People with a Learning Disability)

Support Planning



You can start planning your support on your own or get help from someone else. You need to think about things you want to achieve – these are called outcomes. If you need help with this, you can ask the Independent Living Skills Service.



You need to think about what you want to achieve in your life such as a job, your own home and keeping in touch with family and friends.



You will plan what help and support you need to achieve the outcomes you decide on.



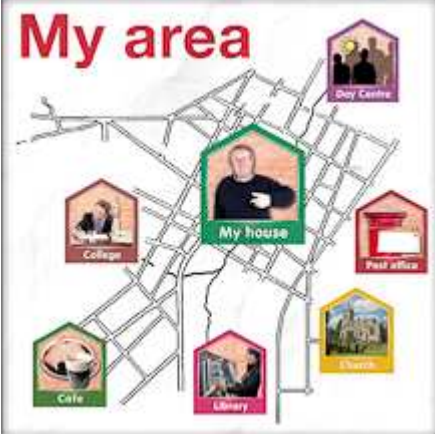
Think about what you need to do to be as independent as possible.



Do you have any skills already that will help you?



Think about how much of your estimated budget you want to spend to help you with each one of your outcomes and what you can change or do later.



What help can you get in the area where you live?



Make sure that you arrange your support so that achieving one outcome does not stop you from achieving another one.



Think about what equipment can help you.



If you still need to buy support from a personal assistant or member of staff your care manager will help you with this.



If the support you are planned costs more than your estimated budget you may need to change your support plan but you will be helped with this.



Your support plan will be checked by your care manager to make sure it meets your needs in the best way possible. If they do not agree with you then they will tell you why so you can talk about it.



Once your support plan is agreed, there are 3 ways your support can be bought:

1. by a direct payment
2. Devon County Council can buy it for you
3. by using both of these.

Reviewing your support plan



After some time your support plan will be reviewed and several things will be looked at such as

- Have your needs changed?
- Has your support helped you to achieve any of your outcomes?
- Have you found other ways to become more independent?



If your support plan has to be changed then a new Overview Assessment and Estimated Budget will be needed too.

For more information



You can ring Care Direct on 0845 1551 007 who will be able to help you more.

Further factsheets can be found online at www.devon.gov.uk/factsheets

Also see the Learning Disability Devon website: www.learningdisabilitydevon.org.uk/

If you would like this factsheet in a different format such as Braille or audio, or in a different language, please contact our Customer Service Centre on 0845 155 1015 or email customer@devon.gov.uk.

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