

Factsheet 13 – 21 July 2010 (4 pages)



What is advocacy?

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Advocacy is when someone helps you to say what you want to say to make sure your opinions are heard and understood and you get the services you need.



If you find it hard to speak up for yourself then you may need someone to speak for you, this is called an advocate.

Who can speak up for me?



If you want to tell us about anything you can tell us yourself or



ask someone else such as a volunteer or a solicitor to tell us what you think.

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You could join a group that can work together to support and speak up for you.

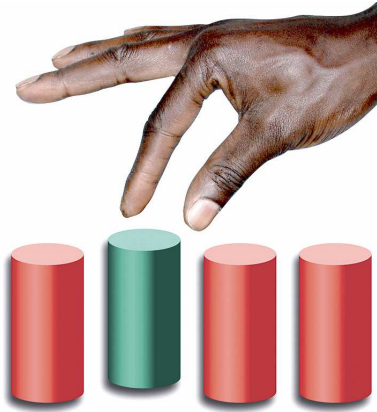
What can an advocate do?



An advocate will help you to speak for yourself and get people to understand your point of view.



They will help you to get information and support about services that will help you.



An advocate will help you choose what you want to do.



An advocate will listen to you and speak up for you.



An advocate can go to meetings with you

Dear Sir or Madam,

Thank you for your letter.
We are pleased to say that we
are happy to do the things
you asked us about. We
will be happy to talk to you

and write letters and make phone calls for you too.

Finding an advocate and for more information



You can contact Devon Advocacy by calling 0845 3300112



Or see the website www.devonadvocacy.org.uk

How you can contact us



You or anyone you have asked to speak for you can phone Care Direct on 0845 1551 007

Further factsheets can be found online at www.devon.gov.uk/factsheets
Also see the Learning Disability Devon website:
www.learningdisabilitydevon.org.uk/

If you would like this factsheet in a different format such as Braille or audio, or in a different language, please contact our Customer Service Centre on 0845 155 1015 or email customer@devon.gov.uk.

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