Cycling is a great way to get around Exeter and Exmouth. These maps are designed to be useful for anyone on a bike. The roads and cycle tracks are colour coded to show what type of route to expect when you cycle through and around Exeter and Exmouth. We hope that these cycle maps will be useful when you plan your commute, travel to school, shopping, social, leisure or simply for exercise.

The www.traveldevon.info website provides tools and information to help you plan a journey by foot, bike, bus, rail or car in Devon, including:

- Maps and timetables
- Top tips for exploring the county
- Information on cycle tracks
- Travel support for the journey to work and school
- Links to journey planners and other useful sites

There’s a range of other great cycling and walking trails in Devon for all abilities, with easy access to some of the best of the country’s landscape and natural heritage including wildlife and geology.

See Start now at www.explorededevon.info
Exploring the Exe

With help from public transport and ferries you can get around much of the estuary in a day. Please take care crossing roads and railways and enjoy exploring the Exe.

A scenic cruise and train ride with a leisurely stroll

1. Take ferry (1) from Topsham (2) to Exmouth (3) (2.5 miles) or Exton (4) (4 miles) or Topsham (6) (6 miles)
2. Walk or cycle from Exmouth to Lympstone (2) (30 minutes)
3. If stopping at Lympstone or Exton catch the train back to Topsham

Suitability: Walkers, cyclists, wheelchair and pushchair
Time for walkers: Lympstone - 3hrs, Exton - 3hrs 30mins, Topsham - 4 hours
Time for cyclists: Lympstone - 2hrs 30mins, Exton - 2hrs 40mins, Topsham - 3 hours
Estimated Cost: £8 adults, £5 children with Round Robin ticket

Getting Started: Buses and trains from Exeter to Topsham are frequent and reliable, and like the rest of the Estuary, easily accessible by bike. If you do decide to drive, car parking is available in Topsham on Holman Way (a short walk from the quay), but this can become very busy in summer. Alternatively, ample parking and public transport links are available in Exmouth if you reverse the route.

In Topsham, follow signs to Lager Quay where Stuart Line Cruises depart for Exmouth when tides permit (check times by calling 01395 222144). The ferry takes from 1 to 1.5 hours depending on tides.

From Exmouth Marina travel along Victoria Road and turn left on to Imperial Road. Follow this road onto Marine way. Where the road forks take the left hand path which follows the Estuary. The 1.5 mile walk will wind its way along the Estuary to Lympstone where you can catch a train back to Topsham or continue on foot to Exton or Topsham (please see approximate journey times above).

Explore Exminster Marshes and Topsham

1. Walk or cycle from Exminster to the Surf Hotel (2) (One mile approx)
2. Take the ferry (3)
3. Take the Topsham ferry (4) back to Exminster

Suitability: Primarily walkers. Cyclists, wheelchair and pushchair users; please check with ferry operators that they will be able to accommodate you
Time: Two hours approx for walkers and 1.5 hours for cyclists
Distance on foot: One mile approx
Estimated Cost: £5 Adults, £3 children (under 12), £1 bikes

Getting Started: Exminster Marshes are easily reached by bicycle, or by taking the bus (service 2) from Dawlish, Exeter or Starcross to Exminster. Alternatively, two small car parks are available at the Exminster Marshes RSPB Nature Reserve.

Follow the Exe Estuary Trail along the canal until you reach the Surf Hotel (tel: 01392 833128). Refreshments are available here while you wait for the next ferry which leaves from the jetty at the end of the garden (the Sea Dream II, tel: 01778 370582).

When you arrive in Topsham you can choose to browse the historical town or head straight for the Topsham ferry (tel: 07801 203338) by following Ferry Road. Once back on the Exminster side you can choose to take a stroll through the Exminster Marshes reserve (walkers only) or head back along the canal path.

The Exe is one of the most important estuaries in Europe for wildlife, particularly birds. It is recognised as a Special Protection Area and Site of Special Scientific Interest. These designations ensure that any development plans or projects that must be submitted to Natural England for its consent.

Exciting

The estuary is a hub of activity for recreational activities; such as sailing, canoeing, windsurfing, fishing and scuba diving. There are several clubs and training centres available to help you make the most of the Exe.

Explore

Exmouth is the start of the Jurassic Coast World Heritage Site. The coastal line tells the history of the earth. The rocks at Osmington are dated back to 250 million years. The red cliffs are due to the presence of iron.

Exploring Exmouth

There are many short circular walks that can be created within the towns on the banks of the Exe. Why not walk from the Imperial Recreation Ground in Exmouth, with its open views of the estuary, to the sea front and Jurassic Coast.