

# Devon Virtual Carers Centre

*a new service to support carers in your area*

**08456 434 435**

*8am to 6pm Mon to Fri and 9am to 1pm Sat*



## Southern Delivery Partners

- Westbank
- Exeter CVS
- South Devon Carers Consortium
- Young Devon
- Hikmat

## Staff Southern Locality Team

Name	Post
Local Development Manager and Lead Practitioner – Learning Disabilities	Julia Blood
Lead Practitioners – Young Carers	Katherine Mullan Sarah Lindley
Carers Support Workers	Sarah Banks Liz Hodgson Sarah Johns Maxine Kennedy Karen Safe Liz Shoules Rob Summers
Young Carers Support Workers	Charlie Cruise, Nathan Fox, Ros Leadbetter

## Short Breaks

Last year in	Southern Devon
We provided	19,900 hours of sitting
We made	250 flexible breaks grant awards

## Working with GP practices

Health and Wellbeing checks	Carer support clinics
NEW GP LOCAL ENHANCED SERVICE UNDER DEVELOPMENT - PROJECTED START DATE NOVEMBER 2011	ASHBURTON
	BUCKFASTLEIGH
	BOVEY TRACEY
	CHUDLEIGH

There are a number of services that carers will be able to access through the helpline, depending on their individual needs

- Support and information from a helpline adviser
- A network of local Carers Support Workers providing individual support
- Young Carers Support Workers providing activities for young carers
- Local opportunities to meet with other carers for mutual support, friendship and time away from caring
- Personal and community budgets for short breaks
- Access to training to support the caring role or personal development

## Carer Support Groups

**TEIGNMOUTH, ASHBURTON, DAWLISH, OKEHAMPTON, TAVISTOCK and more**  
call DVCC for more information

## Involvement

County Carers Conference 18th October 2011 at Westbank  
– contact the Devon Virtual Carers Centre for details of this and dates of local carer forums.