

# Devon Virtual Carers Centre

*a new service to support carers in your area*

**08456 434 435**

*8am to 6pm Mon to Fri and 9am to 1pm Sat*



## Eastern Delivery Partners

*Westbank*

*East Devon CVS*

*Exeter CVS*

*Unite Carers in Mid-Devon*

*Hikmat*

## Short Breaks

<i>Last year in</i>	<i>Eastern Devon</i>
We provided	30,240 hours of sitting
We made	305 flexible breaks grant awards

## Staff Eastern Locality Team

Name	Post
Local Development Manager (East and Mid) and Lead Practitioner – Older People	Trish Whitfield
Local Development Manager (Exeter) and Lead Practitioner – Mental Health/OPMH	tba
Lead Practitioners – Young Carers	Cathy Kingham Sarah Lindley Liz McQuiston
Carers Support Workers	Jane Ashby Sue Booth Meg Compton Andrea Herriott Mel Jeffrey Lorraine Mee Jackie Milan
Young Carers Support Worker	Rachel Hartland

## Working with GP practices

Health and Wellbeing checks	Carer support clinics
NEW GP LOCAL ENHANCED SERVICE UNDER DEVELOPMENT - PROJECTED START DATE NOVEMBER 2011	CLAREMONT EXMOUTH
	ROLLE GP PARTNERSHIP

## Carer Support Groups

*EXMOUTH, HONITON, OTTERY, EXETER and more call DVCC for more information.*

## Involvement

Carers Conference 18th Oct 2011  
at Westbank – contact the Devon Virtual Carers Centre for more details of this and dates of local carer forums.

There are a number of services that carers will be able to access through the helpline, depending on their individual needs

- Support and information from a helpline adviser
- A network of local Carers Support Workers providing individual support
- Young Carers Support Workers providing activities for young carers
- Local opportunities to meet with other carers for mutual support, friendship and time away from caring
- Personal and community budgets for short breaks
- Access to training to support the caring role or personal development