

Good road safety practice

You have completed all the exercises up to section 14 in Zone 2.

You should:

- Feel confident and consistent as a cyclist on quiet roads
- Understand how to apply all traffic rules
- Use high levels of observation and judgement

Do you. . .

	Yes	No
Have a good knowledge of the Highway Code and the 'Law & Cyclists'	<input type="checkbox"/>	<input type="checkbox"/>
Know the theory of on-road cycling	<input type="checkbox"/>	<input type="checkbox"/>
Get on and off your bicycle and start off correctly and smoothly	<input type="checkbox"/>	<input type="checkbox"/>
Stop effectively	<input type="checkbox"/>	<input type="checkbox"/>
Use gears and pedals efficiently	<input type="checkbox"/>	<input type="checkbox"/>
Cycle one handed and signal for at least 3 seconds without wobbling or losing control of your bicycle	<input type="checkbox"/>	<input type="checkbox"/>
Look behind whilst keeping good control of your bicycle	<input type="checkbox"/>	<input type="checkbox"/>
Turn right, left and overtake parked vehicles on a variety of quiet roads	<input type="checkbox"/>	<input type="checkbox"/>
Use cycling routes on and off the road	<input type="checkbox"/>	<input type="checkbox"/>
Know how to keep your bicycle roadworthy	<input type="checkbox"/>	<input type="checkbox"/>
Know the different types of bicycle and their purpose	<input type="checkbox"/>	<input type="checkbox"/>
Know about clothing and equipment for safer cycling	<input type="checkbox"/>	<input type="checkbox"/>

If you have answered 'YES' to all the questions on the checklist. . .

Congratulations!

You have completed the 'Good road safety practice' part of Zone Two.

Download your certificate by visiting www.devon.gov.uk/road_safety

Or contact the Road Safety Help Desk on 01392 446124 giving your name and address. They will send you a completed certificate by post.

For information on 'cycling on busier roads' go to the second part of Zone 2.

