



Supporting Teachers And ChildRen in Schools

A trial of the Incredible Years
Teacher Classroom Management programme

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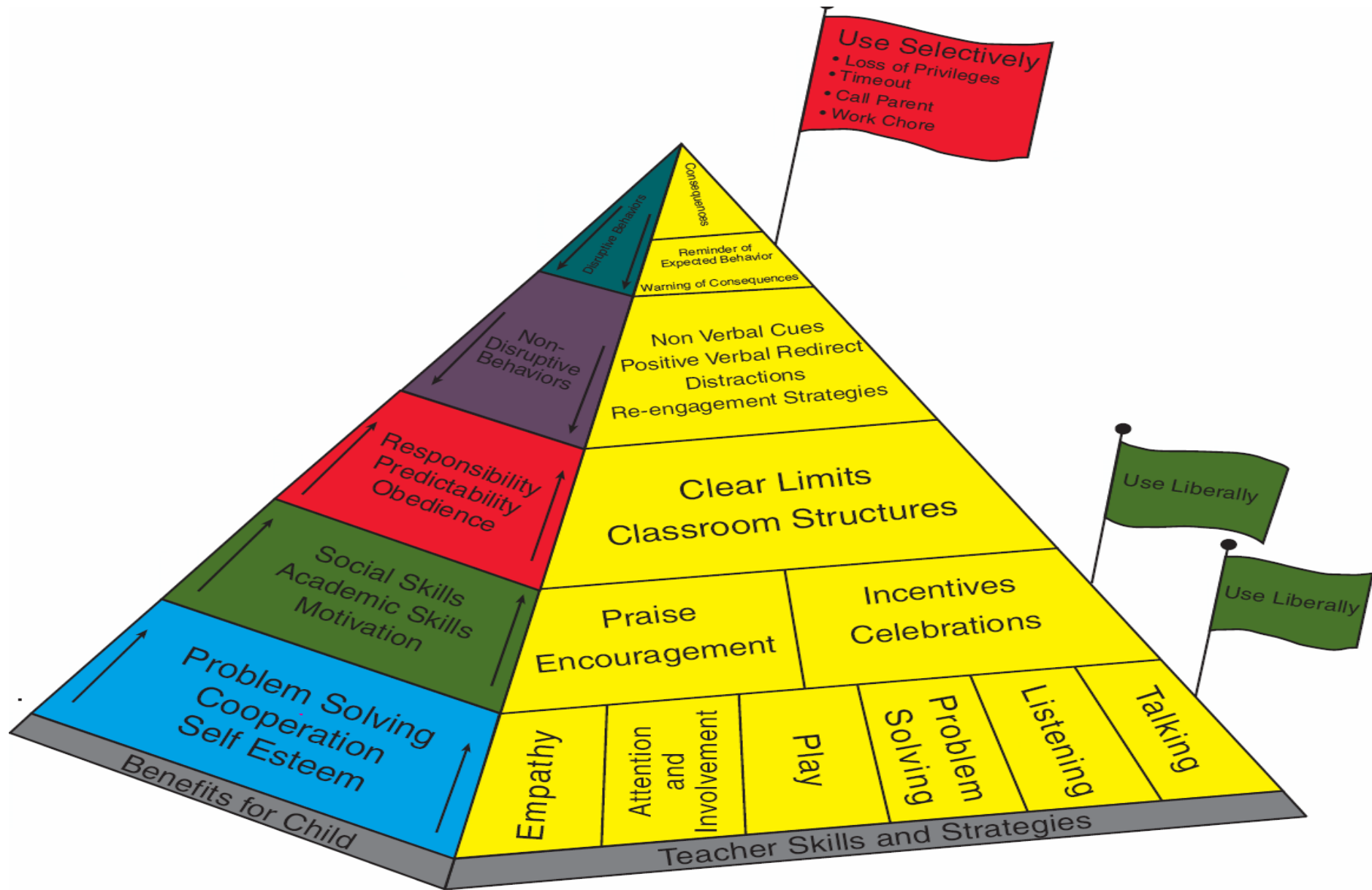
The Incredible Years (IY)

www.incredibleyears.com

- Parenting programme
- Child focused therapeutic and classroom based programmes
- Teacher Classroom Management (TCM) programme

What is TCM?

- Support teachers promote socio-emotional competence in children
- Aimed at primary age children
- Teachers attend 1 day training session per month over 6 months
- Collaborative process & group support – other teachers as experts
- Videotaped modelling, role play and rehearsal
- Suggested classroom assignments & individual behaviour plans
- Teachers encouraged to use strategies immediately
- Delivered by Behavioural Support Network professionals



Teaching Pyramid

The rationale for TCM

- 1/3 of children whose parents attend the Incredible Years Parent Programme continue to have school-based & peer-relationship problems despite improvements at home
- Not all parents who can benefit will attend.
- Direct intervention with the child does not often transfer to school, home or peer interactions.
- Parent and Child programmes do not transfer benefits to the classroom.

Content of TCM course

- The importance of teacher attention, encouragement & praise
- Motivating children through incentives
- Preventing behaviour problems – ‘*the Proactive Teacher*’
- Decreasing students' inappropriate behaviours
- Building positive relationships with students & problem solving

Feasibility Study

- Starting February 2011
- 2 groups of 10 teachers from 6 schools

Aims

- Teachers to complete Qs
- Qualitative work
 - acceptability and relevance of TCM
 - feasibility of attending course
 - inform main trial processes

STARS Trial

Aim: to evaluate whether training teachers in TCM improves child behaviour, child academic attainment, teacher mental health and reduces teacher 'burnout'

- RCT of 80 primary schools in Devon and Plymouth
- Each school in trial for 3 academic years
- Outcome measures
 - Teacher & parent view of child mental health
 - Teacher & child behaviour using direct observation in classrooms
 - Child's academic attainment
 - Teacher self report: mental health, professional efficacy & burnout
 - Child view of school
- Detailed interviews within trial
- Economic Evaluation
- Initial pilot phase (year 1) followed by main trial (years 2 & 3)

Who can take part?

Inclusion criteria

- State run primary schools in Devon and Plymouth
- Teachers with management responsibility for classroom & at least 0.8 fte
- Schools with at least 1 single year group class

Exclusion criteria

- Job share teachers
- Schools with only mixed years group classes
- Schools on special measures
- Schools without a substantive Head

What does it involve for schools?

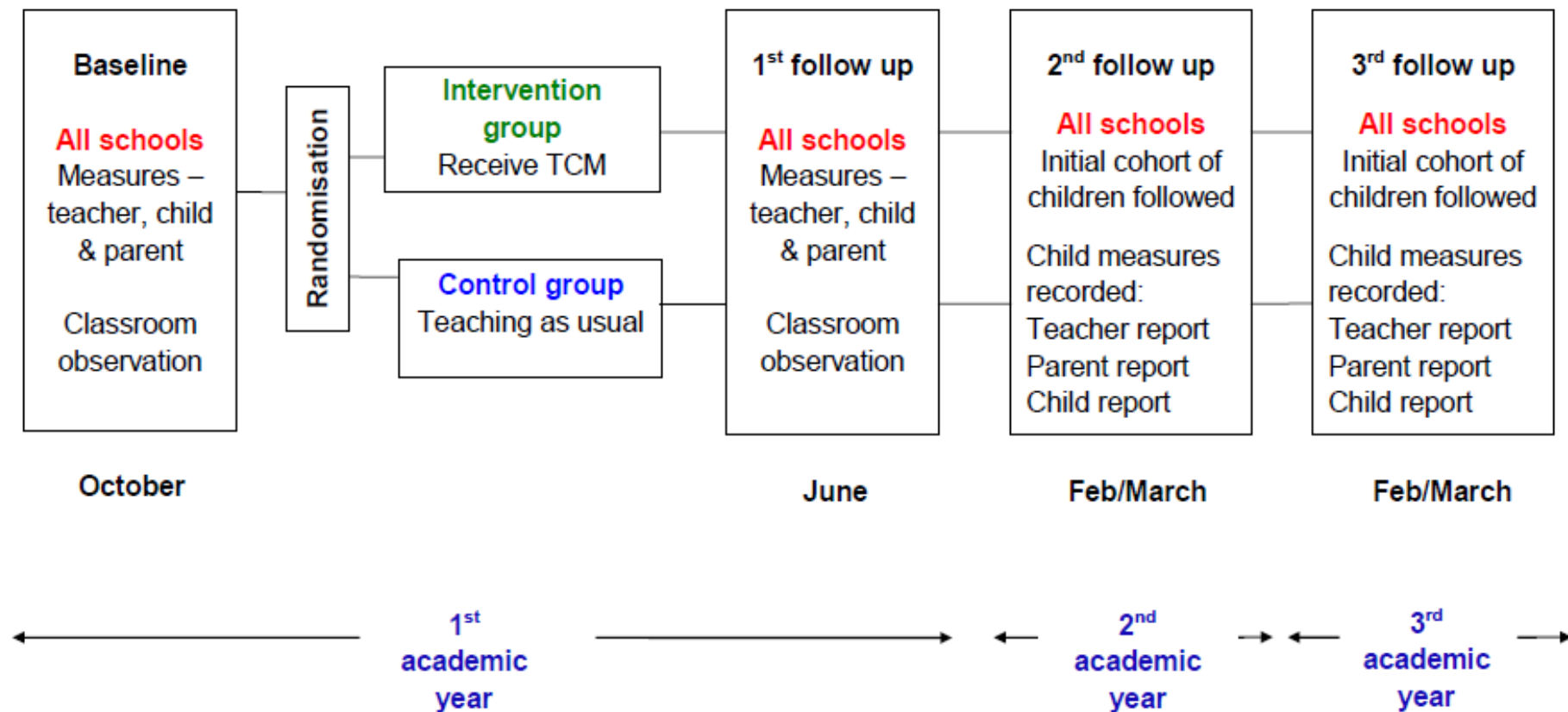
1 teacher/class per school – nominated by Head

Allocated to Intervention (TCM) or Control (teaching as usual)

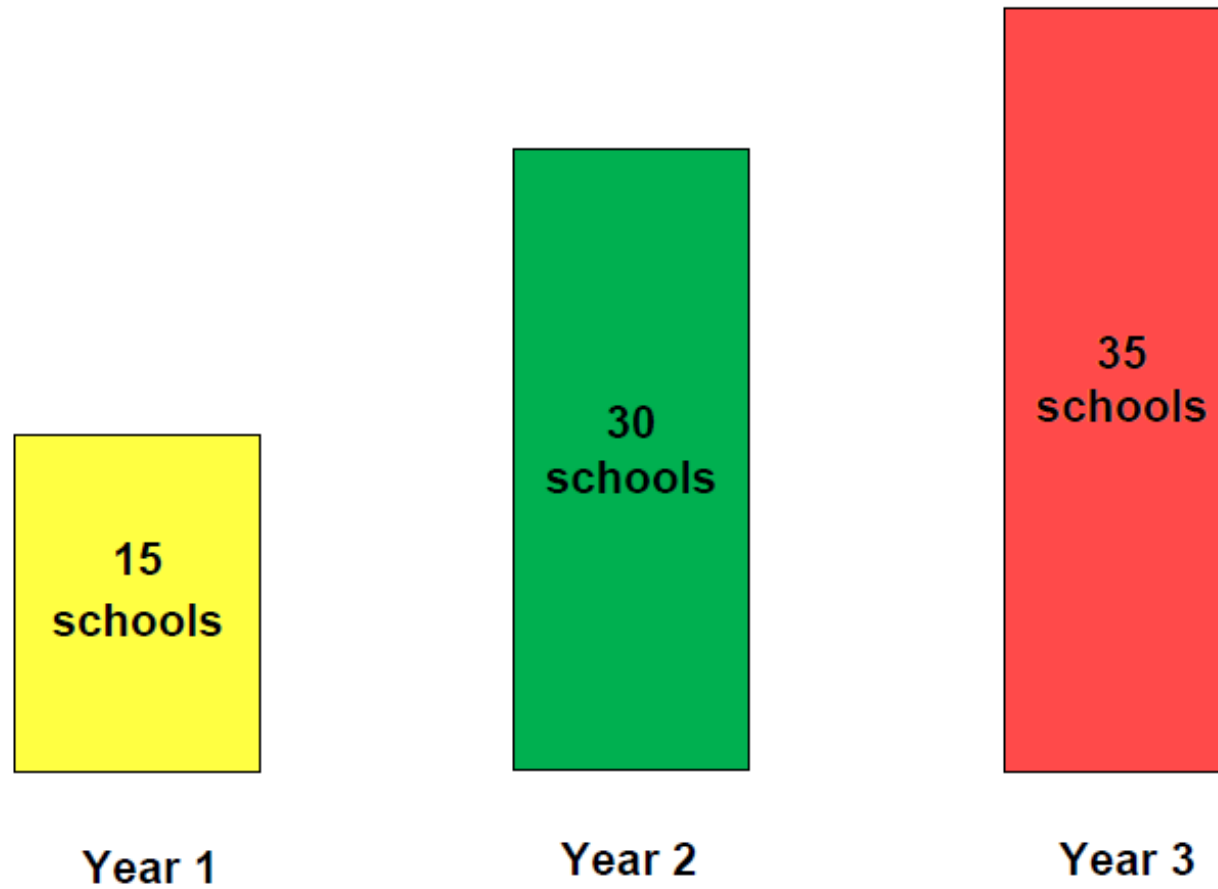
- 1st academic year
 - Sept: Publicise trial to parents
 - Oct: teacher, parents & children complete Qs, classroom observation
 - Nov – May: TCM training/teaching as usual
 - June: repeat Qs and classroom observation
 - Interviews, literacy & numeracy assessments on sub-sample
- 2nd & 3rd academic year
 - Feb/March: repeat Qs

Control schools offered TCM after 1st year

Timeline for each participating school



Staggered recruitment



Working with schools

- TCM training
 - funded by trial
 - provide funding for supply cover for all trial related activities
- Consent
 - from Head
 - for school involvement
 - to release teacher for TCM training for all 6 sessions and 1 data collection session
 - to do classroom observations
 - to provide space for assessments
 - from Teachers for their involvement
 - from Parents for child involvement
- Teachers on Advisory Group to guide trial
- Publicising the trial via DAPH and PAPH

Next steps

Feasibility Study – currently underway

Main STARS Trial

- Applied for funding → notified July 2011
- Aim to start Sept 2012

Interested in taking part or more information?

- Email/phone to register interest without commitment
- Contact schools Sept 2011 to notify outcome re. funding



Thank you very much

Any questions?

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