

Eastern Activity Scheme

Exeter, Exmouth and Honiton

The Eastern Activity Scheme is a play scheme that runs from 10am-4pm every Saturday and five days a week in school holidays (except Bank Holidays) in three different locations.

Who is it for?

The Activity Scheme is available to families as part of **Fair Access to Short Breaks** (see factsheet 3). It gives children and young people aged between 4 and 18 with additional needs the chance to take part in activities, and gives the children, and their parents or carers the chance to have a break.

Children and young people are involved in designing and planning the service, and deciding the activities which are provided.

How does it work?

A child or young person can attend the activity scheme in the holidays within their personal allocation of days. This allocation is worked out as part of the Fair Access to Short Breaks assessment.

At the scheme a wide range of activities are organised including swimming, cooking, boat trips and going to the cinema. Children and young people have an opportunity to enjoy these activities and also put ideas forward for future sessions.

We will:

- work towards your child's individual targets and personal goals
- provide a varied and stimulating environment
- maintain confidentiality
- annually review support
- work with other professionals to best support your child.

Who can refer my child to the Scheme?

Your child will have a Fair Access to Short Breaks assessment and the key worker, or another professional, will be able to refer your child to the Activity Scheme.

Where are the Schemes?

- **Exeter** 100 Club, Wear Barton Road
- **Exmouth** Children's Centre, Egremont Road
- **Honiton** Mill Water School, Honiton Bottom Road

For more information contact:
Eastern Activity Scheme
Family Support Service
Integrated Children's Services
George Street
Exeter EX11DA

Tel **01392 385631**

We welcome feedback from parents, carers and professionals about the scheme.

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