

Information for parents with a disability

www.devon.gov.uk/cwan

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This factsheet provides you with some sources for information that you may find useful if you are a parent, or a parent-to-be, with a disability.

Capability Scotland

Capability Scotland produces a series of factsheets, including one called ***Pregnancy and Parenthood for People with Cerebral Palsy***.

0131 337 9876

www.capability-scotland.org.uk/what-can-capability-do-for-me/what-do-you-need-to-know/advice/factsheets

Disability, Pregnancy and Parenthood International

Disability, Pregnancy and Parenthood International is a UK information charity for disability and parenthood. They offer an information service and guides on useful organisations, specific conditions, equipment, childcare strategies and support networks.

0800 018 4730

www.dppi.org.uk

Disabled Parents Network (DPN)

DPN is a national organisation of, and for, disabled people who are parents or who hope to become parents, and their families, friends and supporters. It has lots of information guides.

08702 410 450

www.disabledparentsnetwork.org.uk

Epilepsy Action

This website has individual sections for men and women about the issues they may face when they become parents.

0808 800 5050

www.epilepsy.org.uk

FPA

FPA publish easy read books covering pregnancy, antenatal care, your developing baby, first days with your baby and problems during pregnancy.

0845 122 8690

www.fpa.org.uk/professionals/publicationsandresources/peoplewithlearningdisabilities/mypregnancymychoice

Hemihelp adult advice line

The service is available every Thursday during term time from 10am to 1pm

0845 123 2372

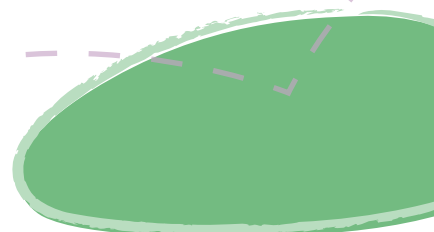
www.hemihelp.org.uk/hemiplegia/hemihelp_services/adult_helpline_service

Independent Living Centre (ILC)

The ILC in Exeter offers a free and impartial assessment and information service to anyone in Devon who is looking for equipment to enhance their independence.

01392 687276

www.devon.gov.uk/ilc



Factsheet 19

Ricability

Ricability produces a series of reports for disabled parents on pushchairs, highchairs, baby carriers, safety gates, bottles and sterilisers. Each report covers ease of use of specific models and where to go for further help and advice. Reports include product features to look for if you have poor sight, limited dexterity, difficulty walking or use a wheelchair.

www.ricability.org.uk/consumer_reports/parenting

RNIB

The RNIB has information about the issues faced by parents who have a visual impairment, including a forum to chat with others.

0303 123 9999

www.rnib.org.uk

RNID

The RNID has a booklet called ***Pregnancy and birth – a guide for deaf women*** as well as gadgets which may help.

Telephone 0808 808 0123

Textphone 0808 808 9000

www.rnid.org.uk

DISCplus local information co-ordinators

The co-ordinators are there to help you get information on services and support available in your area.

Phone the main office on 0845 155 1013 and ask to speak to your local co-ordinator or email discplus@devon.gov.uk

