

Support and information for teenagers with additional needs

www.devon.gov.uk/cwan

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Support for specific conditions

Changing Faces

0845 4500 275

www.changingfaces.org.uk

Changing Faces is a UK charity that supports and represents people who have disfigurements of the face or body from any cause. There is support and information for parents and they have a website specifically for teenagers at www.iface.org.uk

Down's Syndrome Association

0845 230 0372

www.downs-syndrome.org.uk

Website provides information and support for people with Down's syndrome, their families and carers, and the professionals who work with them. There are information sheets available which deal with transition and relationships and links to other useful websites.

Mencap

www.trans-active.org.uk/teenz/

A website for teenagers with learning disabilities.

National Autistic Society

0845 070 4004

www.nas.org.uk

Information for parents and carers, professionals and people living with an autistic spectrum disorder. There are many information sheets available which cover all sorts of issues, including puberty and sex.

Prader-Willi Syndrome Association

01332 365676

www.pwsa.co.uk

The website has specific information for supporting young people aged 12-19 with PWS and sells publications including *Teenagers with Prader-Willi Syndrome: A handbook for parents and carers*

Spinal Injuries Association

0845 678 6633

Free advice line 0800 980 0501

www.spinal.co.uk

Website has a specific area for young people and a publication called *Wha'ever...A Teenager's Guide to Spinal Cord Injury* which is free to teenagers with a spinal cord injury.

Teen Info on Cancer (TIC)

0808 800 0000

www.click4tic.org.uk

Cancer information and advice written specifically for teenagers.

General resources

Contact a Family

0808 808 3555

www.cafamily.org.uk

Information for families with disabled children. They produce publications for parents and for young people, which deal specifically with issues around growing up.



Factsheet 5

Education and Resources for Improving Childhood Continence (ERIC)

0845 370 8008

www.eric.org.uk

Website includes a section specifically for teens with frequently asked questions and message boards.

FPA

0845 122 8690

www.fpa.org.uk

Has information for young people about sex and sexual health. The online shop also sells a range of publications specifically for talking to children and young people with learning difficulties.

Talk to Frank

0800 776 600 or **0800 917 8765** - textphone

www.talktofrank.com

frank@talktofrank

Free, confidential information and advice on drugs and alcohol.

Jessica Kingsley Publishers

020 7833 2307 www.jkp.com

An independent publisher selling a range of books on disability and related topics.

Parentline Plus

0808 800 2222 www.parentlineplus.org.uk

A website providing support and information for parents. They produce a range of publications, including some aimed specifically at parents of teenagers.

Voice Ability

01223 555800 www.voiceability.org

Supports and empowers people with learning difficulties, disabilities and mental health problems to speak up for themselves. The website shop sells publications for people with learning disabilities covering areas like sex and personal hygiene.

r u thinking?

0800 28 29 30

www.ruthinking.co.uk

A website for teenagers about sex and relationships.

Teenage Health Freak

www.teenagehealthfreak.org

Reliable and accurate health information for teenagers.

Devon Parent Partnership

01392 383080

www.parentpartnershipdevon.org.uk

There are several Parent Partnership officers in Devon who offer support, advice and training to families of children with special needs. They can also help with issues around your child's education.

Parent Carers' Voice Forums

01392 384869

www.parentcarersvoice.org

A group of parents and carers who want to improve services for children with special needs. They meet regularly around the county to talk about relevant issues.

DISCplus local information co-ordinators

The co-ordinators are there to help you get information on services and support available in your area.

Phone the main office on **0845 155 1013** and ask to speak to your local co-ordinator or email **discplus@devon.gov.uk**

