

Family Integrated Support Service

Factsheet Family Support Service

The Family Integrated Support Service (FISS) is a flexible, short-term support service for families whose quality of life is affected by a child who has demanding behaviour.

Children and young people are referred to the Family Integrated Support Service through the Integrated Children's Service and the scheme is funded through **Fair Access to Short Breaks**. (See factsheet 3)

The support will help to give you the skills, knowledge and confidence to manage your child's behaviour.

Who is FISS for?

Families with children between 0–17 years with persistent and long-term demanding behaviour, who are known to the Integrated Children's Service.

How does it work?

The FISS team will support you for up to twelve weeks.

You will get regular visits by a member of the team, with a minimum of four hours contact time each week. The team member will work closely with your family to create opportunities to develop appropriate strategies for you to use to support your child.

These strategies will be created and developed for you using the existing strengths and abilities of your family.

We will:

- provide assistance to support daily life in your child's natural environment
- create and develop strategies using the existing strengths and abilities of your family
- work with the whole family
- regularly review and supervise the support work and get clinical input from other professionals
- maintain confidentiality.

Who can refer?

- Social workers.
- Community care workers.
- Key workers.
- Health professionals.

Referrals will be presented by the key worker and assessed on a case by case basis. You will need to sign a contract agreeing to the areas of support.

For more information contact:
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Integrated Service Delivery
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Exeter EX1 1DA

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We welcome feedback from parents, carers and professionals about the scheme.

February 2010