

The Residential Short Breaks Service provides services for children and young people with additional needs living in Devon.

Children and young people are referred to the Residential Short Breaks Service through the Integrated Children's Service and is funded through **Fair Access to Short Breaks**. (See factsheet 3)

We provide services for children and young people from age four until their 18th birthday.

Our services include:

- **short breaks**
day care and overnight stays
- **assessment**
short periods of stay to assess certain areas of care, for example Epilepsy, behaviour, sleep patterns, diet, continence and medication.
- **treatment**
working with other professionals to provide treatment plans.
- **support for families.**

Children and young people can come on an introductory visit to one of our units before they have respite care. While they are with us they are encouraged to join in with daily living and leisure activities.

We use a range of communication methods to suit each child's individual needs and ability.

Referrals are made by Integrated Children's Service delivery keyworkers. Fair Access to Short Breaks and other assessments, such as Nursing Assessments, will be carried out before a referral, to find out what level of service is needed.

Each staff team includes a manager, a deputy manager, team leaders, and care and support assistants who make sure that your child's stay is as close to being at home as possible.

Each child is assigned a linkworker from the unit who works with your child, completes initial and ongoing plans for their care and is a link between everyone involved.

We work alongside other professionals including:

- paediatricians
- Integrated Children's Service delivery staff
- learning disability nurses
- physiotherapists
- speech therapists
- occupational therapists
- psychologists
- general practitioners (GPs)
- teachers.

We aim to achieve a relaxed, home from home atmosphere in our units for children and their families, and provide a positive service and enjoyable experience.

Our units

Barnes Tel **01884 242060**
Belmont Road, Tiverton EX16 6QY

Meadowpark Tel **01392 495515**
Markham Lane, Shillingford Abbott, Exeter EX2 9QJ

Hillcrest Tel **01404 41676**
Awliscombe, Nr Honiton EX14 3NU

Welland Tel **01271 345692**
76 Caddiford Lane, Barnstaple EX31 1RF

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