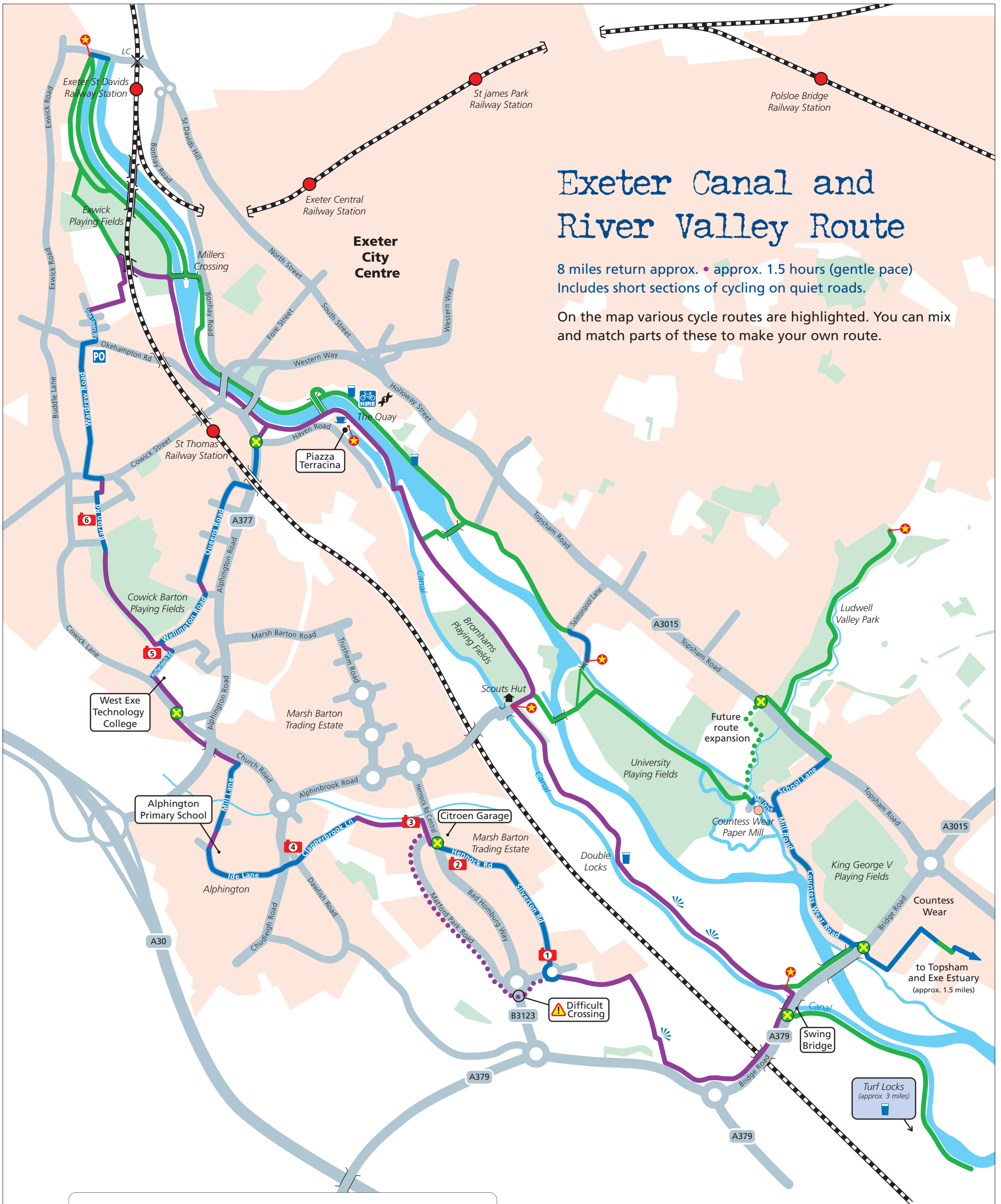


Exeter Canal and River Valley Route

8 miles return approx. • approx. 1.5 hours (gentle pace)
Includes short sections of cycling on quiet roads.

On the map various cycle routes are highlighted. You can mix and match parts of these to make your own route.



	Roads		Post Office
	Off road cycle route		Cycle shop
	On road cycle route		Café/tea room
	Alternative off road cycle route		Pub
	Railway line		Crossing point
	Cycle hire		Suggested start/finish point
	Views		Photo locations

For more information about the routes see overleaf

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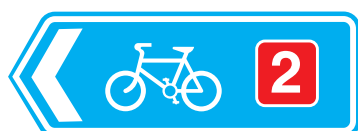
Exeter Canal and River Valley Route

- 8 miles approx
- approx 1.5 hours (gentle pace)
- includes sections of cycling on quiet roads

The circular route takes you through Marsh Barton along sections of quiet or traffic free roads. There are great views across the marsh with interpretation boards giving information on the local flora and fauna. The trail follows the route of Clapperbrook lane, an old historical route to Plymouth.

Starting point Piazza Terracina (post code EX2 8GT)

- 1 When leaving Piazza Terracina, turn right on the river path. Follow the blue NCN signs towards Topsham.



- 2 Keep the Exe Canal on your right. The route will take you past the Double Locks pub and two viewing platforms.
- 3 When you arrive at the swing bridge on Bridge Road, turn right on the bridge, and follow the cycle path toward the roundabout.
- 4 Before the roundabout the cycle path will veer right and follow a nature reserve and farmland. Please shut the gates as you go through.
- 5 At the last wooden gate of the nature reserve, you will come to a roundabout. Go straight ahead and follow the on road cycle lane (pictured below).



- 6 Toward the end of this road you will see a Citroen garage on the right. Cross the road there to follow the cycle path to the toucan crossing (pictured below).



- 7 Cross the road at the toucan crossing and turn right.

- 8 Cycle toward Alplingbrook, but turn left before the bridge. You will follow a traffic free path through a green landscape (pictured below).



- 9 The path will join Clapperbrook Lane.

- 10 At the end of Clapperbrook Lane, carry on straight ahead. You will cross two roads and enter Ide Lane (pictured below).



- 11 Follow Ide lane until you pass Alplington Primary school on the right.

- 12 Next to Alplington School, you will see a cycle lane. Follow this lane until you reach Church Road.

- 13 At Church Road you will see a garage on the left. Turn left onto the cycle path, and follow the path through the underpass until you reach the sign 'cycle path ends'.

- 14 Use the toucan crossing and continue the path.

- 15 West Exe Technology College will be on your right. Turn right into Hatherleigh Road, and after approx 100 mtrs turn left onto a cycle path.

- 16 On reaching Wellington Road you will have two options (pictured below). You can turn right for a shortcut to the Piazza, or turn left to continue the route through Cowick Playing Fields.



- 17 Follow the route through the playing fields until you reach Barton Road. Continue on Barton Road. You will cycle through bollards (pictured below) and through an alleyway until you reach Cowick Street.



- 18 At Cowick street turn left and then immediately right into Wardrew Road.

- 19 When you reach Okehampton Road, you will see a post office on the right.

- 20 Cycle past the post office and turn left, into John Levers Way.

- 21 After the third road on the right, a cycle path will take you to the Millers Crossing on the river Exe.

- 22 Follow the signs to Millers Crossing.

- 23 When you reach Millers Bridge, turn right before the bridge and follow the canal route which will lead you back to the Piazza.

Comment from cyclist...

"This route is a real eye opener. I would definitely recommend this circular route as a nice alternative to the routes to Topsham or Turf Locks. I have cycled through lovely green spaces, nice parks with plenty of opportunities to stop or look at the viewpoints." *Craig, Bovey Tracey*