

DEVON CARES

health & wellbeing checks

FOR CARERS



Training Overview

Key: Participants

- Pilot site co-ordinators
- Practice Managers
- admin / reception staff
- Healthcare worker delivering health & wellbeing check (e.g. Practice nurses, Pharmacists)
- Any other health or social care professionals including supervisors of staff providing health checks

Training Session	Duration	Compulsory Attendance	Optional Attendance
1. Induction Training	3.5 hours	*	
2. Vascular Checks	2.5 hours		
3. Health & Wellbeing check	4 hours		
4. Carer Awareness Training	2 hours		

* Can be cascaded providing staff delivering the health and wellbeing checks are briefed before they attend the health check training.

1, 2 and 3 to be completed before health and wellbeing checks can be provided.

Training sessions: core components

Induction Training

- project overview
- briefing on process
- partnership agreement
- protocol for the check and pathway
- Devon Carers Link
- Care Direct
- evaluation
- best practice in primary care
- practice planning

Vascular Checks

- standard operating procedures
- referral thresholds and management through the pathway
- near patient testing - clinical practice

Health & Wellbeing check

- booklet, guidelines and provider record
- case studies to give an opportunity to use the above
- review of 5 key health messages and brief intervention techniques

Carer Awareness Training

- provided by 'Real Lives'
- interactive session intended to raise awareness of issues that impact on carers
- identifies barriers and solutions to carer identification and provision of the carers health and wellbeing checks
- signposting to carers support