

## 4 Bike Check List

This list will help you to check that the bicycle is in good working order and identify adjustments and repairs that may be needed before you set off.

Tick off each check as you do it and note any adjustments/repairs needed in the 'Action Box'.

	OK	Faulty	Action
Front brakes Levers and blocks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Back brakes Levers and blocks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Brake cables	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Tyres	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Reflectors	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Front lights	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Rear lights	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Saddle	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Handlebars	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Nuts and bolts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Headset, hub Bottom bracket	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Pedals	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Chain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Gears	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Gear changers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Frame and forks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Wheels & spokes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Mudguards (where fitted)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Bike rack (where fitted)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>

